Individual Participant

A1. Gender

- Male
- Female

A2. Age (in years)

- 10-19
- 20-29
- 30-39
- 40-49
- 50-59
- 60-69
- older than 69

A3. Ethnicity

- Chinese
- Indian
- Malay
- Eurasian
- Caucasian
- Others

A4. Martial Status

- Single (Heterosexual)
  - Single (Homosexual)
  - Married
  - Separated
  - Divorced
  - Widow

A5. Level of Education
Question 06

Occupation

Housewife / home maker
Unemployed
Mainly involved outdoor work
Mainly involved indoor work

Working in healthcare industry

Medical Student - First year
Medical Student - Second year
Medical Student - Third year
Medical Student - Fourth year
Medical Student - Fifth year
Student - others

Question 07

Do you have any of the undermentioned chronic illnesses?

Chronic lung disease
other chronic disease (e.g. diabetes)

NA. I have been in good health

Question 08

B1. Can you state the level of Pollutant Standard Index (PSI) which you find dangerous to your health (between 0 - 500)?

1. 0 - 49
2. 50 - 99
3. 100 - 149
4. 150 - 199
5. 200 - 249
6. 250 - 299
7. 300 - 349
8. 350 - 399
9. 400 - 449
10. 450 - 499
11. > 500
Do you experience the following symptoms? - Mental slowing

✓ Yes
✓ No

Do you experience the following symptoms? - Headache

✓ Yes
No

Do you experience the following symptoms? - Dizziness

✓ Yes
No

Do you experience the following symptoms? - Eye problem

✓ Yes
No

Do you experience the following symptoms? - Nose problem

✓ Yes
No

Do you experience the following symptoms? - Mouth and throat problem

✓ Yes
✓ No

Do you experience the following symptoms? - Breathing difficulty

✓ Yes
No
Question 16  Do you experience the following symptoms? - Heart pain or chest pain
- Yes
- ✓ No

Question 17  Do you experience the following symptoms? - Nausea and vomiting
- Yes
- ✓ No

Question 18  Do you experience the following symptoms? - Stomach and tummy discomfort
- ✓ Yes
- No

Question 19  Do you experience the following symptoms? - Slowness in movement
- Yes
- ✓ No

Question 20  Do you experience the following symptoms? - Muscle ache and pain
- Yes
- ✓ No

Question 21  C1. How do you feel about availability of N-95 masks?
- ✓ 1. Very inadequate
- 2. Inadequate
- 3. Available
- 4. Adequate
- 5. Very adequate

Question 22  C2. Do you feel that the N-95 mask is useful in protecting you against the haze?
- 1. Absolutely useless
- 2. Useless
3. Of some use
   4. Useful
   5. Very useful

**Question 23**
Any reminder of haze situation (e.g. PSI score, news, picture of haze) brought back feelings about the haze.

- 0 = Not at all
- 1 = A little bit
- 2 = Moderately
- 3 = Quite a bit
- 4 = Extremely

**Question 24**
I had trouble staying asleep.

- 0 = Not at all
- 1 = A little bit
- 2 = Moderately
- 3 = Quite a bit
- 4 = Extremely

**Question 25**
Other things kept making me think about the haze situation in Singapore.

- 0 = Not at all
- 1 = A little bit
- 2 = Moderately
- 3 = Quite a bit
- 4 = Extremely

**Question 26**
I felt irritable and angry.

- 0 = Not at all
- 1 = A little bit
- 2 = Moderately
- 3 = Quite a bit
- 4 = Extremely

**Question 27**
I avoided letting myself get upset when I thought about the haze situation or was reminded of haze.

- 0 = Not at all
Question 28
I thought about the haze when I didn't mean to.

0 = Not at all

✓ 1 = A little bit

✓ 2 = Moderately

✓ 3 = Quite a bit

✓ 4 = Extremely

Question 29
I felt as if the haze situation hadn't happened or wasn't real.

0 = Not at all

✓ 1 = A little bit

✓ 2 = Moderately

✓ 3 = Quite a bit

✓ 4 = Extremely

Question 30
I stayed away from reminders about the haze.

0 = Not at all

✓ 1 = A little bit

✓ 2 = Moderately

✓ 3 = Quite a bit

✓ 4 = Extremely

Question 31
Pictures about haze popped into my mind.

0 = Not at all

✓ 1 = A little bit

✓ 2 = Moderately

✓ 3 = Quite a bit

✓ 4 = Extremely

Question 32
I was jumpy and easily startled.
I tried not to think about the haze situation in Singapore.

I was aware that I still had a lot of negative feelings about the haze, but I didn't deal with the feelings.

My feelings about the haze situation were kind of numb.

I always find myself acting or feeling like I was back at the time haze was very bad and PSI was very high.

I had trouble falling asleep.
Question 38
I had waves of strong feelings about the haze.

Question 39
I tried to remove the haze situation from my memory.

Question 40
I had trouble concentrating.

Question 41
Reminders of the haze caused me to have physical reactions, such as sweating, trouble breathing, nausea, or a pounding heart.
Question 42
I felt watchful and on guard about haze.
✓ ✓ 0 = Not at all
1 = A little bit
2 = Moderately
3 = Quite a bit
4 = Extremely

Question 43
I tried not to talk about the haze.
✓ ✓ 0 = Not at all
1 = A little bit
2 = Moderately
3 = Quite a bit
4 = Extremely