

Appendix 1: Table I: Inclusion and exclusion criteria

Inclusion criteria

- Informed written consent
- ≥ 18 years old
- Undergoing a coronary artery bypass graft surgery via:
 - A median sternotomy approach, meaning full sternotomy, prelevation of the left and/or right internal mammary arteries, followed by graft anastomosis without use of cardiopulmonary bypass (so-called off pump).
 - Robotic harvesting of the left internal mammary artery, followed by a small left antero-lateral thoracotomy, via which the internal mammary artery is anastomosed, also without use of cardiopulmonary bypass (so-called off pump)
- All anti-coagulant medication is stopped except for Asaflow[®]

Exclusion criteria

- On-pump coronary artery bypass surgery
 - Urgent procedures
 - Concomitant valvular disease
 - Previous cardiac surgery
 - Mobility problems that could prevent being physically active
 - Mental or cognitive impairments
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